



### THIRD ANNUAL SYNERGY CONFERENCE

### **PROMOTE INCLUSION - END EXCLUSION**

OCTOBER 10, 2017 - AIKATERINI LASKARIDIS FOUNDATION Historical Library, 2as Merarchias 36 & Aktis Moutsopoulou, Piraeus

# **Conference Program** 3.00 - 3.30Registration 3.30 - 4.00Welcome Session 1: Synergy Approach in Greece: Progress and challenges in understanding and responding to behaviours that challenge schools 4.00 - 4.20Katerina Laskaridou & Prof Richard Mills: Beyond behavior - The foundation and principles of Synergy 4.20 - 4.40Dr Damian Milton and Richard Mills: 10 rules to ensure challenging behaviour in schools! - and what to do about it 4.40 - 5.00My ideal School: Perspectives from autistic adults in Greece 5.00 - 5.20Sofia Kapnoyani & Dr Anastasia Katsougri: Autism and Behaviour in Greek Schools-The importance of School "Culture" and the Head Teacher's role in ensuring success 5.20 - 5.40Evanthia Anastasiou & Dr Elena Giouroukou: Lessons learnt from applying Synergy in the Autism Special School of Piraeus 5.40 - 6.00Break 6.00 - 6.20Zozefina Tzonaka, Tina Dalntou, Giannis Kotsiolis & Pinelopi Mikeli: Applying the Synergy Approach in Ralleia Elementary Schools 6.20 - 6.40**Questions & Discussion** 6.40 - 7.00Break **Session 2: International Perspectives** & Applying Synergy Beyond Schools 7.00 - 7.20 Birgit Isene and Susanne Hvidtfeldt, Langagerskolen Aarhus; "How to train mindful strategies within a School setting" Presentation of a mindfulness based project at a special School for pupils with ASD or severe ADHD





7.20 – 7.40	Kasper Kock Nielsen, Ruth Lehm: The Aarhus family program; Reducing parenting stress – Promoting inclusion
7.40 - 8.00	Paula Doumanov, Inspire Foundation, Malta: The challenge facing Maltese Schook
8.00 - 8.20	Chris Atkins: Using the Synergyprogram with an autistic adult
8.20 - 8.45	Round up, questions and end

## CDP SYNERGY WORKSHOP

OCTOBER 11, 2017 - AIKATERINI LASKARIDIS FOUNDATION Praxitelous 169 & Bouboulinas 3, Piraeus, 1<sup>st</sup> Floor 09.30 – 16.00

The workshop will be coordinated by Richard Mills and Chris Atkins with contributions from Katerina Sofianopoulou, Athina Sourbi, Kaiti Seretis and Elena Giouroukou

#### **REGISTRATION DETAILS**

Please contact:

Email mentalhealth@laskaridou.gr or

info@atautism.org

#### Rates:

Conference: €30 (Concession €20) Workshop: €80 Early registration (By 29th Sept) €60 Combined Workshop & Conference: €100 (Concession €80)









# Lecturers

Chris Atkins, Director Stroud Court Community Trust and Director AT-Autism

Paula Doumanov, Chief Services Officer, The Inspire Foundation, Malta

Susanne Hvidtfeldt, Consultant, Langagarskolen, Aarhus, Denmark

Birgit Isene, Pychologist, Langagarskolen, Aarhus, Denmark

Richard Mills, AT Autism, National Autistic Society, UK

**Damian Milton**, Head of Information, the National Autistic Society UK. Lecturer the Tizard Centre University of Kent

Kasper Kock Neilson, Koordinator Atlass Danmark

Evanthia Anastasiou, Special Education teacher

Elena Giouroukou, Psychologist (MSc, PhD)

Sophia Kapnoyanni, Psychologist, Psychotherapist

Anastasia Katsougri, General education teacher, Headmaster

Giannis Kotsiolis, General education teacher

**Katerina Laskaridou**, *Psychologist, Special Educator, (BSc, MSc, Med), Ph.d Candidate at Birmingham University* 

Pinelopi Mikeli, Gymnastics teacher

**Stamatina Dalntou**, *General education teacher* 

Kaiti Seretis, Special Education Psychologist

Athina Sourbi, Special Education Psychologist

Katerina Sofianopoulou, Psychologist (MSc)

Zozefina Tzonaka, Special Education teacher (MSc)